

# WTBA

## MUST KNOW

### 4 QUARTERS PER GAME

**1 Shot-30 Sec.-8 Min. = 8x4=32 Shots** Exception: Fast break  
Open basket (Paint)

Half of what most TOP 10 teams average

- 1). Take **SOMETHING** away from opponent
- 2). 2 Back on Break
- 3). Leave Non-Shooter Open
- 4). Make Scorers bring ball up the floor--Can't shoot off the dribble



COURTNEY HEADLY  
SOUTHWEST BAPTIST

- Keep opponents under 39—ATTACK EVERY REBOUNDER
- 10 Offensive Rebounds----BALL CUT EVERY DRIVE
- Hold opposition to ZERO Layups---BALL CHOP EVERY RECEPTION
- Make opposition shoot OVER you---BODY BLOCK EVERY LANE ENTRY
- FAST BREAK any BAD SHOT or MADE SHOT
- Do not commit fouls---SUB FOR FOULER
- No Bad Shots---SCREAM>>SHOT-BLOCK
- DICTATE & CONTROL TEMPO>>example:Call out 30 (Pass ball for 30 seconds before you set up --- Quick Hitter.



KIRSTI WALLACE  
ALL-STATE

NO BAD PASSES

DO NOT DRIBBLE IN TRAFFIC

INSTRUCTOR  
CARLOS RATLIFF